

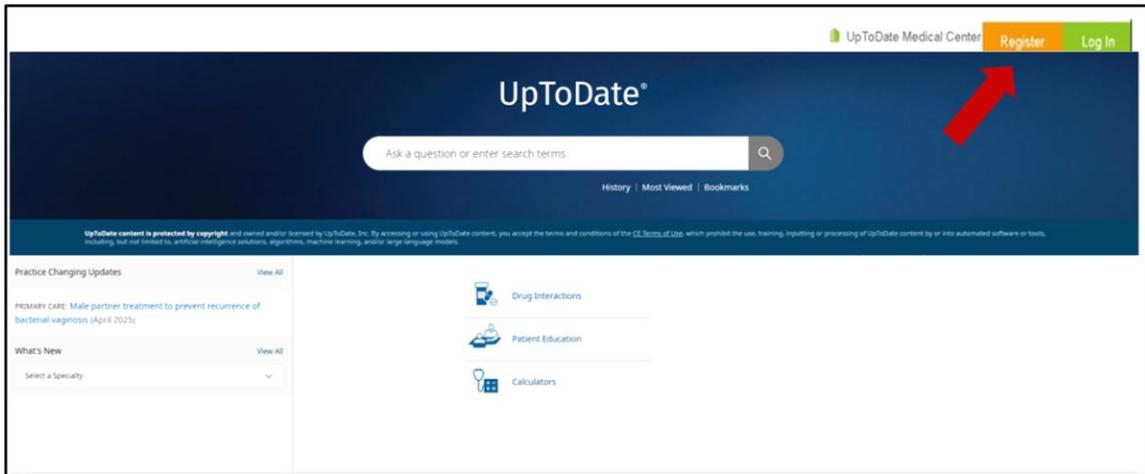
如何註冊 UpToDate 帳號

1. 註冊個人帳號

(1) 在**院內電腦**開啟 UpToDate 或點選此連結

<https://www.uptodate.com/contents/search>

(2) 點選右上方 register



(3) 填寫資料

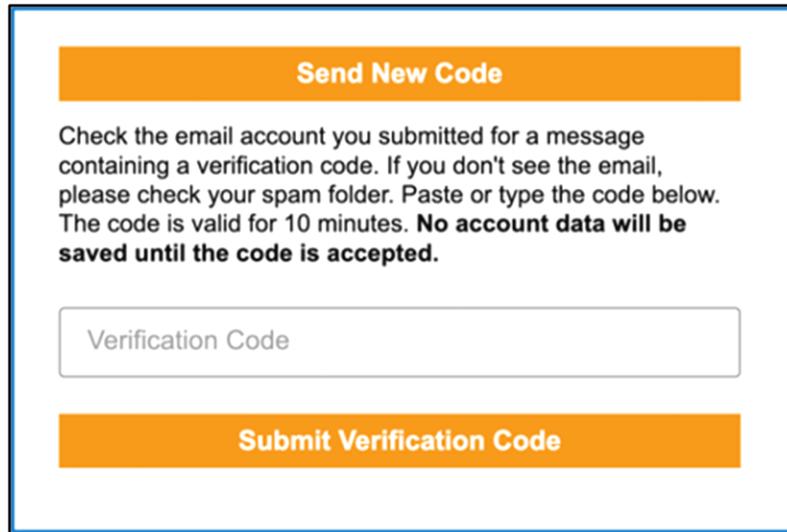
■ 填寫註冊表格(名字中、英文皆可/可不用填寫 zip code)

■ password:8-24 個字元，至少包含一個大寫字母/一個數字/以及一個特殊符號(例如:@ # ! + =)

■ 填妥所有欄位後點選傳送驗證碼。將會傳送驗證碼至您在表格中輸入的電子郵件地址。

A registration form with the following fields: First Name, Last Name, Email, Country (dropdown), ZIP/Postal Code (optional), City, Specialty (dropdown), Role (dropdown), Username, Password, and Verify Password. Below the password field, there are password rules: 8 to 24 characters, at least 1 uppercase letter, cannot match username, and at least 1 number or special character from the set: . - _ # \$ % ^ & * ! () = +. A red box highlights the 'Send Verification Code' button at the bottom.

(4) 註冊表格最下方輸入您電子郵件中的驗證碼，然後按提交驗證碼

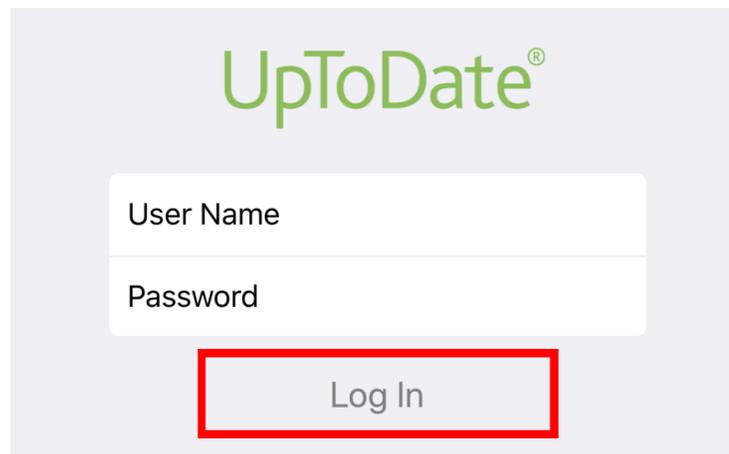


The image shows a verification code submission screen. At the top, there is an orange button labeled "Send New Code". Below it, the text reads: "Check the email account you submitted for a message containing a verification code. If you don't see the email, please check your spam folder. Paste or type the code below. The code is valid for 10 minutes. **No account data will be saved until the code is accepted.**" Below the text is a text input field with the placeholder "Verification Code". At the bottom, there is another orange button labeled "Submit Verification Code".

(5) 在手機或平板的 App store 或 Google Play 找到 UpToDate 並下載



(6) 打開 APP 並輸入 User name 和 Password 登入



The image shows the UpToDate login screen. At the top, the UpToDate logo is displayed in green. Below the logo are two text input fields: "User Name" and "Password". At the bottom, there is a red-bordered button labeled "Log In".

2. 90 天重新認證

系統會要求每 90 天重新認證。當您在登入 UpToDate 看到以下通知時，請記得回到**院內電腦**做重新登入即可

