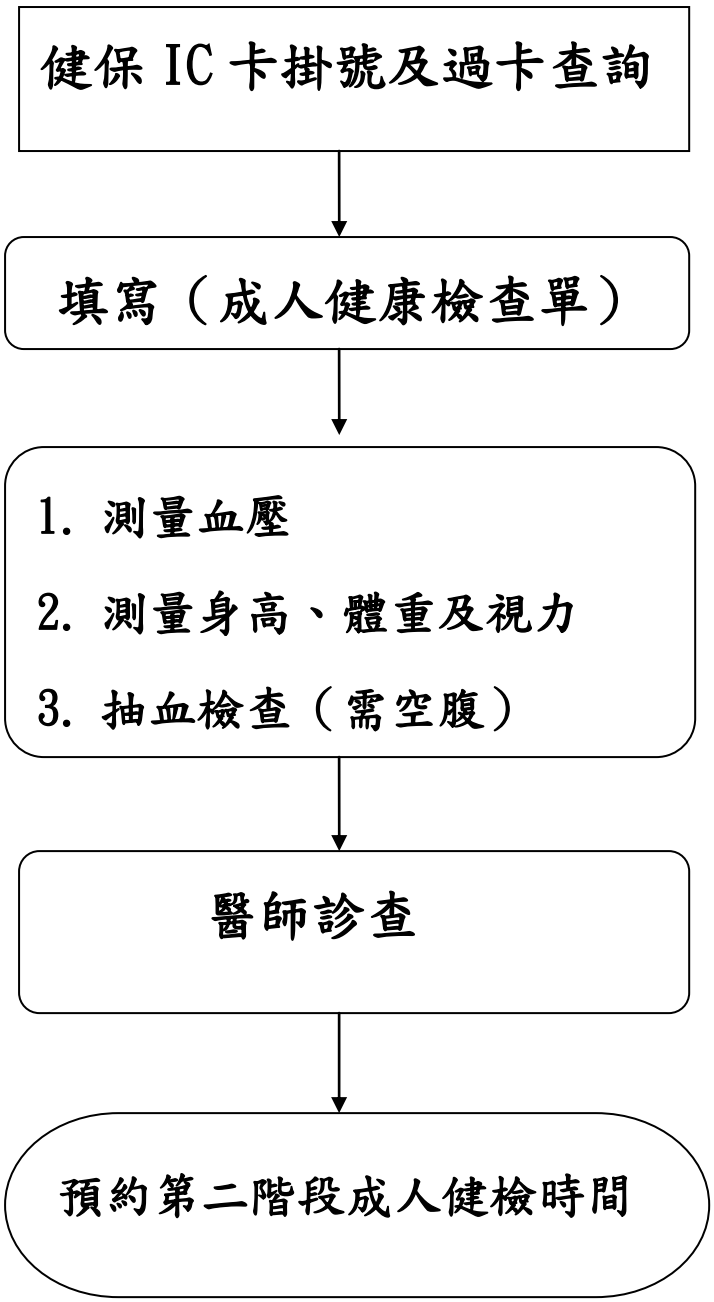高雄市湖內區衛生所成人健檢流程